

## Parent's Role in Keeping Children Safe

As a parent/guardian, you know that your children are always watching and learning from you. Parents/guardians are the most important role models in a child's life. This is just as true when it comes to safe walking as it is with anything else. **By modeling safe walking habits when you are out walking with your child/children, it could lead to increased safe behaviors and decreases in walking-related deaths and injuries.** Remember every step you take is a teachable moment. With your safe walking habits as a guideline, your child/children will be on their way to forming safe walking habits for themselves.

Here are a few basic safety behaviors you can role model for your child/children:

### BE AWARE

Engage your child by pointing out different hazards and obstacles and discuss safe actions to take.

### STEP TO THE SIDE

If you have to call or text, move out of the way of others and stop on the sidewalk in a safe place.

### FOLLOW THE LAW

Obey the traffic signs and signals at all times.

### CHOOSE YOUR ROUTE

Plan and discuss the safest route to school or any other destinations.

### EYES ON THE DRIVER

Make eye contact with drivers (or people bicycling, riding scooters, etc.) at the intersections before stepping off the curb. Explain to your child/children to do the same.

### CROSS CAREFULLY

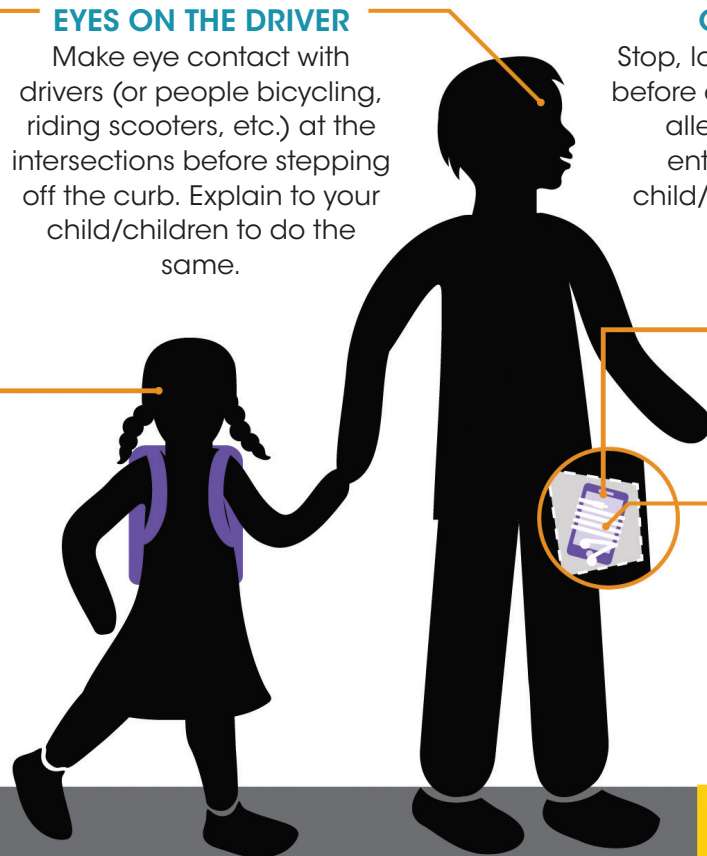
Stop, look all four ways and listen before crossing streets, driveways, alleyways and parking lot entrances and have your child/children do this with you.

### PHONE AWAY

Never text or talk on the phone when you are walking.

### MUSIC OFF

Do not walk with headphones or earbuds in your ears.



more!

More information please contact Safe Moves at 818/786-4614  
or email [elmonte.srts@gmail.com](mailto:elmonte.srts@gmail.com)

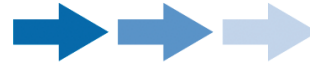
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While driving, practice safe behaviors when your children are in the car by making sure to:



### **FOLLOW THE LAW**

Drive the speed limit and obey all traffic signs.



### **GO WITH THE FLOW**

Obey school drop-off and pick-up procedures.



### **STOP FOR PEOPLE**

Yield to all people using the crosswalks.



### **PARK LEGALLY**

Don't double park, stop in crosswalks or park in residents' driveways or teacher parking lots.



### **LOOK BEHIND YOU**

Watch for children walking to school when backing out of a driveway or a parking spot.



### **STAY FOCUSED**

Limit distractions while driving, including your phone, food, make-up and interactions with passengers.



### **GIVE RESPECT, GET RESPECT**

Be respectful to other people driving, bicycling and walking.



More information please contact Safe Moves at 818/786-4614  
or email [elmonte.srts@gmail.com](mailto:elmonte.srts@gmail.com)